

## HIV SHE CURRICULUM 5<sup>th</sup> GRADE 21-22

For 5<sup>th</sup> grade, 1st, we show a video about puberty called "Always Changing:Coed". Here's its link: <https://www.youtube.com/watch?v=Bw1N06PKhu4>

2nd, we share a video on HIV on discuss ways to prevent HIV, especially abstinence from drugs and sex, and briefly mention that older people that are already having sex can use condoms to decrease chances of HIV(but don't go into detail or tell how to use them). Here's the video (HIV & Me Marissa's Story): <https://www.youtube.com/watch?v=S2J7bH1JQ40&t=6s>

3rd, we talk about refusal skills and abstinence, using KNOW curriculum lesson 5-2 for 5<sup>th</sup> grade. Standards 4,7:  
<https://www.k12.wa.us/sites/default/files/public/hivsexualhealth/pubdocs/knowgrades5-6.pdf>

4th, we will briefly share bystander skills for if they see bullying, and talk about consent to others touching us. We may use these short videos to do that:

"Be An Upstander: Prevent Bullying..." <https://www.youtube.com/watch?v=eeqQCyQOCPg>

"Consent and Communication" <https://www.youtube.com/watch?v=1wOqcU79Rh8>

Finally, we will have opportunity for questions. I usually use a way of giving blank pieces of paper and have everyone turn one in