

COMPREHENSIVE SEXUAL HEALTH EDUCATION & HIV EDUCATION 21-22

The lessons here are included in attachments, and here are the links to the Amaze.org videos & KNOW lessons included here. (I'll send you another email re 5th grade curriculum.):

Amaze.org videos that were mentioned in my curriculum suggestions.:

- 1."Consent Explained:What Is It?"<https://www.youtube.com/watch?v=5vmsfhw-czA>
- 2."Birth Control: What Is It?" (Suggest to use this one this year for 10th grade, as well as 8th and 9th).:<https://www.youtube.com/watch?v=ypbxZQ8wEFY>
- 3."What Is HIV?": <https://amaze.org/video/what-is-hiv/>

To find **KNOW** curriculum (6th-8th HIV education), go to this

link.:<https://www.k12.wa.us/student-success/resources-subject-area/sexual-health-education/know-curriculum>

Here's the 6-12th final suggestions of curriculum.:

1.6th, 11th & 12th:

- a. 6th grade: HIV teaching only, with **KNOW lesson 6-2 and HIV video for 6th grade** (link for video: <https://www.youtube.com/watch?v=ZixbZVnvt4E>).Standard 4,7
- b. **11th-12th** will use HIV materials from 3 Rs curriculum (Use same as in **4a** or 5a below).

2.7th grade (CSHE: comprehensive sexual health ed):

- a. **HIV video** at this link: <https://www.youtube.com/watch?v=ZixbZVnvt4E> & **KNOW 7-2** (Can be combined in 1 lesson): covers WA learning standard#1,2,4, +HIV, abstinence, a bit re condoms

b.3 rs lesson: "**Taking A Stand Against Bullying**": bystander training, includes Advocacy, covers standards#7,8

c.3 rs lesson: "**Puberty & Reproduction**": This covers Puberty, standard#1

d.Consent: 3 rs lesson: "**Understanding Boundaries**"; includes legal implications,consent, standards#1,2,3,4,6.

e. 3 R's Lesson: "**When Should A Person...?**" : Covers abstinence,+standard#5

3.8th:

- a. **HIV video** at this link: <https://www.youtube.com/watch?v=ZixbZVnvt4E> & **KNOW 8-2** (Can be combined in 1 lesson): covers WA learning standard#1,2,4, +HIV, abstinence, a bit re condoms

b.3 rs lesson: "**Taking A Stand Against Bullying**": bystander training, includes Advocacy re persuading others to intervene when they see bullying, covers standards#7,8

c. Video in Amaze.org "**Birth Control Basics**" cover birth control methods/condom skill, standard#1,3,7

d.Consent: 3 rs lesson: "**Understanding Boundaries**"; includes legal implications,consent, standards#1,2,3,4,6.

e. 3 R's Lesson: "**When Should A Person...?**" lesson: Covers abstinence,standard#5

f. (Optional, in case we do 7/8th grade together: "Puberty & Reproduction" from 3 Rs)

4.9th:

- a.3 R's Lesson: "STD Basics" including Amaze.org video "What is HIV?" (or otherwise covering HIV points): HIV, condoms/abstinence, covers standards #1,3,6
- b.3 R's Lesson: "Harassment Prevention" (bystander), covers standards #1,7, and covers standard 8 if homework 1st choice is given (creating a PSA for classroom)"
- c.3 R's Lesson: "Consent Sexting & The Law" + "Consent Explained: What Is It? video" from Amaze.org; covers consent, sexting laws, standards #1,2,3 (or Warning Signs- Understanding Sexual Abuse & Assault lesson)
- d. Amaze.org video "Birth Control: What Is It?" (The Contraceptinator): Birth control methods & abstinence, covers standards #1,3,7
- e.3 R's Lesson: "Communicating About A Sensitive Topic": abstinence, standard #4
- f. (Optional, in case we do 9/10th grade together: "Making Smart Choices" from 3 Rs)

5.10th:

- a.3 R's Lesson: "STD Basics" including Amaze.org video "What is HIV?" (or otherwise covering HIV points): HIV, condoms/abstinence, covers standards #1,3,6
 - b.3 R's Lesson: "Harassment Prevention" (bystander), covers standards #1,7, and covers standard 8 if homework 1st choice is given (creating a PSA for classroom)"
 - c.3 R's Lesson: "Consent Sexting & The Law" + "Consent Explained: What Is It? video" from Amaze.org; covers consent, sexting laws, standards #1,2,3
 - d.3 R's Lesson: "Making Smart Choices"; decision model: covers standard #5, includes parent homework. Also show birth control video "Birth Control: What Is It?" from Amaze.org
 - e.3 R's Lesson: "Communicating About A Sensitive Topic": abstinence, standard #4
- Many of the lessons told about National Sexuality Education Standards and said they were related to certain standards. But there were some cases where I looked at it and made a judgment call that that was covering a certain standard.**